

# BE ME PROJECT

identity ~ truth ~ purpose



## TRUSTEES' ANNUAL REPORT 1ST AUG 2021 - 31ST JULY 2022

“

**On Be Me I made a new friend and started to get more confident about talking about my feelings. I feel a lot happier now, it has helped a lot with my mental health and other people have noticed and said I am back to being ME again!**

”

### CHALLENGES

- Increased anxiety levels and loneliness
- Difficulties of re-socialisation post covid
- Adapting to post pandemic life

### OUR RESPONSE

- Adapting delivery style to post pandemic requirements
- Doubling our reach across our regions
- Growing and sustaining our team.

WE HAVE  
SUPPORTED  
OVER  
**500 PEOPLE**  
THIS YEAR



## CHAIR'S REMARKS

Be Me project has continued to fulfil its charitable objectives and perform strongly both in terms of its offering and its financial security. The impact of the pandemic has largely dissipated in terms of the operational influences of Be Me Project and yet the damage to those it helps is only just emerging. The principles that underpin Be Me Project have not changed and remain fundamental to what we do.

Having been a trustee of Be Me Project since its formation, I have witnessed the integrity, passion and energy with which everyone involved has worked.

At our core remains a strong desire to enable attendees to see themselves in a different way - one of value, having been wonderfully made.

I am thrilled with the performance of Be Me Project and its stability and strong base upon which we have built and will continue to build. However, we are about more than just financial performance, we represent

some of the truths that so many people in our society need to receive. The changes in those who have attended our courses is a delight to witness. That is not to say that one course can fix people, but it is a door opened and a light shone. We do this with genuine compassion, understanding and no judgement and are the privileged recipients of the participants' sharing.

Three new Trustees have joined us in the last year and they bring a wealth of experience in the charitable, medical and psychology sectors.

Even though Be Me has grown substantially over the last year, I am certain the organisation is still in its infancy. The need is ever bigger, and so is our desire to help.

**Richard Mason, Chair**



“

**I loved the crafts and it was comforting to talk about what was going on in my life in a safe place. I learnt about boundaries and what I should and shouldn't tolerate. Before, I felt rubbish about myself but now I know I am unique, special and worthy.**

”

## OUR STORY

Be Me Project has grown a lot since its early days. From our small beginnings trialling our first course with six girls in 2014, we now deliver a growing number of mental wellbeing courses to young people and women referred to us by community centres, GP surgeries and hostels in several counties across England. Our secondary school programmes are now in huge demand and we continue to expand to try to meet as much of this need as we can. We continue to offer online courses to enable us to reach further afield.

Between July 2021 and July 2022 we have helped over 500 participants. This is a considerable increase above our projected number but remains, sadly, a small fraction of the growing need. But we are excited to have had a good number of new volunteers and staff join us over the last 12 months and this trend looks set to continue.



There has been some wonderful feedback received from our participants which is so encouraging to us as a charity.

“ **I wish I'd had Be Me when I was at school.**

Young person living in a hostel

”

### 'BE ME SPURRED ME ON'

**A woman referred to Be Me through Social Prescribing recently told us that one of her paintings had been published in a mental wellbeing book. Her confidence had grown little by little as the course progressed and she began believing in herself and recognising her talents. She says through Be Me she was spurred on to enter the competition. What a wonderful outcome!**

“ **I enjoyed being able to speak up about how I am feeling as I can't always do that. I learnt how to handle my emotions and how to feel better in myself.**

13 year old

”



## OUR MISSION

To support young people and women to celebrate that they are uniquely and wonderfully made for a purpose and to be equipped to build positive mental wellbeing and confidence in life.

## OUR VALUES

- Inspiring people to believe they are uniquely and wonderfully made
- Respecting and accepting the unique worth and value of each individual
- Encouraging and building up each person
- Compassion and care
- Being real
- Led by Christian love

## HOW WE HELP

We run 3 different courses in both 1:1 sessions and groups. The 'She Is' course is craft based. Who Am I? is discussion-based and 'Let's chat' is a very flexible course allowing attendees to select topics they feel best suited to them. In each course we try to ensure that the participants will relate well together to help them get the best out of the sessions and to, hopefully, keep up long term encouraging friendships - something which has happened frequently and given us great joy.

We have also had great joy in witnessing course participants then becoming a course assistant or asking to volunteer in another capacity.

This helps build long term confidence and gives a sense of purpose to those who do it. Be Me Project supports people struggling with depression,

anxiety, low self-esteem and vulnerable young women in the community struggling with their mental health. Our leaders and volunteers have all experienced difficult times so can empathise with our participants and not judge them.

## OUR AIMS AND OBJECTIVES

- Build and enhance young people's and women's confidence and positive mental wellbeing
- Support vulnerable people to explore and develop tools to better manage their emotions.
- Develop resilience to help them better cope with life's ups and downs

“  
**Thank you so much for asking my Year 10 daughter to be a mentor for the Year 8 group. My daughter had lost herself and now I feel like I have her back. She's made better friend choices and she feels a lot happier. It was so helpful that she not only learnt things for herself, but she helped the younger ones too.**

A young person's mum

CURRENTLY  
**1 IN 3**  
 BENEFICIARIES ARE STRUGGLING WITH  
**GENDER/SEXUALITY ISSUES**

LAST TERM **47%**  
OF STUDENTS HAD  
**SPECIAL  
EDUCATIONAL NEEDS  
AND DISABILITIES**

**10% OF STUDENTS  
HAD ASD**  
**37% HAD NEEDS  
SUCH AS ADHD, MLD,  
SEMH AND SPLD**



Many of our course participants struggle with friendship and family issues and high anxiety. We also have those with disabilities, including partial deafness and in utero drug exposure which is affecting their mental health.

FEEDBACK:  
**22% INCREASE  
IN RESILIENCE**  
**15% INCREASE  
IN CONFIDENCE**

“

**It encouraged me to come to school, because I struggled - and now I come in because of Be Me.**

A 14 year student with low school attendance due to anxiety

”

'All of the girls took on board **positive messages to remember** when they struggled in some way. **All recommended it** to other pupils.

'They all reported that **they felt listened to** and had the **opportunity to discuss** a range of issues. It was noted that the girls continued through the year **more positively**.

'Emotional 'meltdowns' diminished significantly. Teachers reported an **improved attitude** to the girls' **learning** and the way they **coped with challenge**.'

-Head of Pastoral Care, Ashcombe School



# 85%

## OF COURSE PARTICIPANTS REPORTED IMPROVEMENT IN THEIR CONFIDENCE & RESILIENCE



### IMPACT

Over the last 12 months, Be Me Project has been collecting data and analysing the impact of two of the courses we run. A clearer picture will emerge in the future as we undertake further surveys with new attendees and re-survey recent attendees. We are really encouraged by the results and analysis undertaken to date.

'Who Am I?' - 85% of 115 participants surveyed in 2021 and 2022 score more positively in confidence and resilience overall at the end of the course than they did at the beginning.

'She Is' - By the end of the courses, there was positive movement in many areas of the surveyed responses, particularly around improved self-esteem/confidence and an improved sense of a unique identity.

“

There is a saying I heard a long time ago: "Become your own cheerleader"... I had no idea what that meant until after taking this course.

”

In consulting with the attendees prior to and after their course, they were asked to summarise their feelings of themselves.

### PRE-COURSE VIEWS:

- I'm Anxious
- I'm not being heard
- I'm letting people down
- I feel judged by others
- I'm not 'good' enough
- I don't like my body

### POST-COURSE VIEWS:

- I've enjoyed being able to talk and not be judged
- It's nice to know I'm not alone in how I feel
- I've been able to make some friends
- I felt safe
- It made me think things about myself that I've never thought before
- I've learned to be kind to myself



# KEY ACHIEVEMENTS



We are purposeful about sharing our knowledge externally and have been involved in many events this year. We ran an LSA training morning, attended Mindfest in Dorking and undertook talks and workshops for schools and community events. We are involved in external forums such as the KT22.

Be Me Project were invited to have a stall at Mindfest, a mental health and wellbeing festival where Roman Kemp, Capital Radio DJ and presenter of BBC documentary 'Our Silent Emergency' was the keynote speaker.

We made lots of connections with people through this event, including a special young person named Jude.

Jude struggled with life. She was bullied a lot at school which made her withdrawn. She dropped out of secondary school and spent a couple of years in her bedroom, away from everybody. We met Jude's sister at Mindfest where we chatted about meeting up with Jude 1:1. Jude came once a week to do the 'She Is' Course and then started volunteering in the office helping our course leaders. She's now been volunteering with Be Me for five months. We can see, one day, Jude being a course assistant, helping others.

“ **It's good to have something to do every week that I enjoy with someone that I get along with. It helps me to de-stress and has encouraged introspection which has solidified my opinion of who I am.**

Jude, 16 years old

”

We made lots of connections with people through this event, including a special young person named Jude.

Premier.  
**ChristianRadio**  
where faith comes to life

Our CEO was asked to share her personal story and the journey of Be Me on Premier Radio with Hannah Scott Joynt. Lu felt privileged to be asked and many found her story very moving and inspiring.



## GREASE NIGHT

We were chosen to be the nominated charity for the 'secret cinema' event at St Georges Church, Ashted. It was a brilliant evening and we raised almost £3,000!



## DUKE OF EDINBURGH

Once again we have been asked to support a student in her DofE volunteering activity. This year a student has been running our social media posts under supervision, engaging with our followers with encouraging posts and news each week.



## BE ME CONFERENCE

We held our first Be Me conference this June in Dorking. What a buzz! We had most of our team together from Cumbria, Kent, Surrey and Sussex. We shared best practice, personal experiences and our stories with one another, and celebrated the charity's achievements. Dr Jill Rasmussen, a highly regarded senior clinician in mental health, came and did some training with us, encouraging us in the work we are doing. We appreciated the time together to build each other up and get really excited about our future as a team!

## MARY FRANCES TRUST

This year we partnered with Mary Frances Trust (a mental health and emotional wellbeing charity for adults in Surrey) by running an online course for 10 of their young adults - some at University, some were working and some were unable to work. One of the young adults from this group has recently joined our 'She Is' course in person and is thoroughly enjoying it.

“

**I just wanted to say another thank you for the 'Who Am I' project sessions. They were really helpful and it was nice to just speak to some new people who understood where I was coming from.**

”



# FUTURE STRATEGIC AIMS AND DEVELOPMENTS

- Build on our strong roots in the community, consolidate our existing partnerships and develop relationships with new partners within the regions we work in already
- Grow our teams in all areas, taking on more volunteers and course leaders
- Open our second Surrey Hub in September 2022
- Develop our survey impact analysis by reanalysing our participants' mental wellbeing from six months to a year after the course has been completed
- Continue developing our feedback systems to the partnerships regarding participants' responses and any on-going help to be put in place
- Participate in the schools mental wellbeing event in July 2023
- Develop our 'Let's Live' activity book to support teenagers with helpful topics and advice.

“

**Be Me taught me to like myself and to stop judging myself.**

”



# GOVERNANCE & LEADERS

Our Governance Plan sets out how we as a charity are governed and considers the requirements and guidance laid down by the Charity Commission and Companies House where applicable.

The charity takes care to organise and control its affairs reasonably, responsibly and effectively with adequate risk management systems.

The Governance Team will work with the staff, volunteers and supporters to ensure the best implementation of the charity's objectives and purposes for the benefit of all participants of Be Me Project and those with whom we are associated.

Trustees are appointed solely by existing trustees (having considered the views of the CEO), subject to a minimum 75% agreement of the Trustees. All Trustees are interviewed, referenced and DBS checked.

## FINANCIAL

Be Me Project has had a very good year and has surpassed its goals in terms of the numbers of those it has helped. But it has also been successful in terms of grants received, financial management and the continued building of awareness of our work.

We have received 10 separate grants across our regions:

- Cumbria Community Foundation
- Cumbria Freida Scott
- Hadfield trust
- Liverpool BAE
- Kent Malling Memorial Institution
- Kent Community Foundation
- Clarion Futures
- Mary Frances Trust
- Community Foundation for Surrey (from Surrey Heartlands NHS Charities Community Partnership Fund, and Surrey County Council Public Health Community Fund)
- Better Care Fund Grant Programme

Every grant is vital to our work and makes a huge difference and we are grateful to them all.

# KEY INFORMATION FROM OUR FINANCIAL REPORTS YEAR TO 31ST JULY 2022

## Risk Management

The Trustees acknowledge that they have a responsibility for the identification and proper management of risks faced by the Charity in achieving its primary aims. The Trustees have therefore assessed the major risks to which the Charity is exposed, in particular those relating to the specific operational areas of the Charity, its investments and its finances. The Trustees believe that, by monitoring reserve levels, by ensuring that controls exist over key financial systems, and by examining the operational risks faced by the Charity, they have established effective systems and procedures to mitigate those risks.

## Financial Review

Funding for the Charity comes primarily from donations from charitable trusts and individuals.

## Financial Activity and Financial Position

The Statement of Financial Activities and Balance Sheet can be found on pages 13 and 14 respectively. The Charity's reserves increased by £70,984 during the year (2021: increased by £11,754). The balance sheet shows total net assets of £154,217 (2021: £83,233) of which £99,391 (2021: £57,692) is restricted. The unrestricted funds of £54,826 will be allocated to additional salaried management hours, hub leader(s) and core costs which will increase substantially at the start of the 2023 financial. The Charitable reserve is also included within this figure.

## Reserves Policy

The Trustees have examined the requirements for free reserves, in other words those unrestricted funds not invested in tangible fixed assets. The Trustees consider that, given the nature of the Charity's work, free reserves should be equivalent to approximately 3 months' budgeted routine expenditure, plus committed future expenditure on other projects, where funds permit. The Trustees are of the opinion that this provides sufficient flexibility to cover temporary shortfalls in incoming resources and will allow the Charity to cope and respond to unforeseen emergencies whilst specific action plans are implemented. At 31 July 2022 the Charity had net free reserves of £53,776 (2021: £25,541) as follows:

	2022 £	2021 £
<b>Total reserves</b>	<b>154,217</b>	<b>83,233</b>
Less: fixed assets	(1,050)	-
Less: restricted reserves	(99,391)	(57,692)
	<b>53,776</b>	<b>25,541</b>
<b>Free reserves requirement:</b>		
3 months' budgeted routine expenditure	<b>21,000</b>	<b>10,000</b>

## BE ME PROJECT

### Report of the Independent Examiner to the Trustees of Be Me Project

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I report on the accounts of the Be Me Project for the year ended 31 July 2022.

This report is made solely to the Trustees in accordance with section 145 of the Charities Act 2011 ("the Act"). My independent examination has been undertaken so that I might state to the Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by the law, I do not accept responsibility to anyone other than the Charity and the Trustees for my independent examination, for this report, or the opinions I have formed.

#### Respective responsibilities of trustees and examiner

The Trustees consider that an audit is not required for this year (under section 144(2) of the Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts (under section 145 of the Act);
- follow the procedures laid down in the General Direction given by the Charity Commission (under section 145(5)(b) of the Act); and
- state whether particular matters have come to my attention

#### Basis of independent examiner's statement

My examination was carried out in accordance with General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**John Helm ACA**  
**22 November 2022**

## BE ME PROJECT

### Statement of Financial Activities For the year ended 31 July 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total 2022 £	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total 2021 £
<b>Income from:</b>	2						
Donations and legacies		28,334	142,788	171,122	22,676	46,145	68,821
Income Trading		430	-	430	287	-	287
Investments		1	-	1	-	-	-
<b>Total Income</b>		<b>28,765</b>	<b>142,788</b>	<b>171,553</b>	<b>22,963</b>	<b>46,145</b>	<b>69,108</b>
<b>Expenditure on:</b>	3						
Raising funds		652	3,084	3,736	-	2,400	2,400
Charitable activities		(1,172)	98,005	96,833	27,294	27,660	54,954
<b>Total Expenditure</b>		<b>(520)</b>	<b>101,089</b>	<b>100,569</b>	<b>27,294</b>	<b>30,060</b>	<b>57,354</b>
<b>Net income/(expenditure) before tax</b>		<b>29,285</b>	<b>41,699</b>	<b>70,984</b>	<b>(4,331)</b>	<b>16,085</b>	<b>11,754</b>
Tax payable	4	-	-	-	-	-	-
<b>Net income/(expenditure) after tax</b>		<b>29,285</b>	<b>41,699</b>	<b>70,984</b>	<b>(4,331)</b>	<b>16,085</b>	<b>11,754</b>
<b>Net movement in funds</b>		<b>29,285</b>	<b>41,699</b>	<b>70,984</b>	<b>(4,331)</b>	<b>16,085</b>	<b>11,754</b>
<b>Total funds brought forward</b>		<b>25,541</b>	<b>57,692</b>	<b>83,233</b>	<b>29,872</b>	<b>41,607</b>	<b>71,479</b>
<b>Total funds carried forward</b>		<b>54,826</b>	<b>99,391</b>	<b>154,217</b>	<b>25,541</b>	<b>57,692</b>	<b>83,233</b>

## BE ME PROJECT

### Balance Sheet As at 31 July 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
<b>Fixed Assets</b>					
Tangible Assets	6	1,050	-	1,050	-
		1,050	0	1,050	0
<b>Current Assets</b>					
Stock		7,663	-	7,663	7,060
Debtors	7	7,098	-	7,098	913
Cash at Bank and in Hand		40,795	99,391	140,186	76,006
		55,556	99,391	154,947	83,979
<b>Creditors - Amounts Falling Due Within One Year</b>	8	1,780	-	1,780	746
<b>Net Current Assets</b>		53,776	99,391	153,167	83,233
<b>Net Assets</b>		<b>54,826</b>	<b>99,391</b>	<b>154,217</b>	<b>83,233</b>
<b>Represented By:</b>					
Unrestricted Income Funds	9	54,826	-	54,826	25,541
Restricted Income Funds		-	99,391	99,391	57,692
<b>Total Funds</b>		<b>54,826</b>	<b>99,391</b>	<b>154,217</b>	<b>83,233</b>

These financial statements were approved by the Trustees on 22 November 2022 and signed on their behalf by:



**Alison Thomas**  
Trustee

Company Registration Number: 7548705

# BE ME PROJECT

## Notes to the Financial Statements For the year ended 31 July 2022

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### Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

#### Basis of accounting

The financial statements have been prepared under the Charities Act 2011, the Companies Act 2006 and in accordance with the Charities Statement of Recommended Practice (Charities SORP (FRS 102)) and Financial Reporting Standard 102 (FRS 102). The financial statements are drawn up on the historical cost basis of accounting.

The Charity meets the definition of a public benefit entity under FRS 102.

#### Going Concern

There are no material uncertainties about the charity's ability to continue as a going concern and accordingly the accounts have been drawn up on a going concern basis.

#### Income recognition

Voluntary income and donations (including legacies) are accounted for once the Charity has entitlement to the income, it is probable the income will be received and the amount of income receivable can be reliably measured. Income from the recovery of tax on gift aided donations is accounted for in the period to which the relevant donation is received. Grant income is recognised on a receivable basis.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the bank.

#### Expenditure recognition

Expenditure is accrued as soon as a liability is considered probable, and the amount of obligation can be measured reliably. Longer term liabilities are discounted to present value. The Charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

Expenditure included in Raising Funds includes amounts incurred in obtaining grants and other donations.

Charitable expenditure includes those costs in fulfilling the Charity's principal objects, as outlined in the Report of the Trustees. Charitable expenditure includes governance costs and an apportionment of support costs. Governance costs comprise all costs involving the public accountability of the Charity and its compliance with regulation and good practice. These costs include costs related to the independent examination and legal fees.

#### Debtors

Debtors are included at the settlement amount due. Prepayments are valued at the amount prepaid.

#### Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

#### Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation arising from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are recognised at their settlement amount.

# BE ME PROJECT

## Notes to the Financial Statements For the year ended 31 July 2022

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### Accounting Policies (continued)

#### Fund accounting

The funds held by the charity are either:

- Unrestricted general funds - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.
- Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

#### Income

	<b>Unrestricted Funds 2022 £</b>	<b>Restricted Funds 2022 £</b>	<b>Total 2022 £</b>	<b>Total 2021 £</b>
Donations & legacies				
Donations	21,237	28,740	49,977	22,042
Income tax reclaimed	8,010	-	8,010	1,087
Grants	-	114,048	114,048	45,692
	<u>29,247</u>	<u>142,788</u>	<u>172,035</u>	<u>68,821</u>
Other trading				
Sale of merchandise	430	-	430	287
	<u>29,677</u>	<u>142,788</u>	<u>172,465</u>	<u>69,108</u>

A grant from Surrey Better Care of £38,363 (2021: £nil), a local authority funded scheme, was received during the year.

#### Expenditure

##### Expenditure on Raising Funds

	<b>Unrestricted 2022 £</b>	<b>Restricted 2022 £</b>	<b>Total 2022 £</b>	<b>Total 2021 £</b>
Fundraising	<u>652</u>	<u>3,084</u>	<u>3,736</u>	<u>2,400</u>

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## BE ME PROJECT

### Notes to the Financial Statements For the year ended 31 July 2022

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#### Expenditure on Charitable activities

	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Courses	(6,150)	59,621	53,471	29,069
Support	4,926	37,514	42,440	23,357
Governance costs	52	870	922	2,528
	<u>(1,172)</u>	<u>98,005</u>	<u>96,833</u>	<u>54,954</u>

#### Staff Costs

	2022 £	2021 £
Included within Expenditure on Raising Funds and Expenditure on Charitable Activities are the following staff costs:		
Gross salaries	23,015	19,728
Social security costs	-	-
Pension contributions	526	249
	<u>22,489</u>	<u>19,479</u>
Of which: gross salaries and benefits paid to Key Management Personnel:	<u>22,489</u>	<u>19,479</u>

	Number	Number
The average number of employees during the year:		
Full time workers	-	-
Part time workers	2	2
	<u>2</u>	<u>2</u>

No employee received payments in excess of £60,000 during the year. Trustees are not paid a salary or expenses.

## BE ME PROJECT

### Notes to the Financial Statements For the year ended 31 July 2022

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#### Net income/(expenditure) before tax

Net income/(expenditure) before tax is stated after charging:

	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Depreciation	-	882	882	-
Independent examination fee	-	870	870	330
Other fees charged by independent examiner	-	1,554	1,554	430
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

#### Taxation

As a charity, Be Me Project is exempt from tax on income and gains falling within the provisions of the Corporation Taxes Act 2010 or the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen on the Charity.

#### Tangible Fixed Assets

	Computer Equipment £
<b>Cost</b>	
At 1 August 2021	-
Additions	1,932
Disposals	-
	<u>          </u>
At 31 July 2022	<u>1,932</u>
<b>Depreciation</b>	
At 1 August 2021	-
Charge for Year	882
Disposals	-
	<u>          </u>
At 31 July 2022	<u>882</u>
<b>Net Book Value</b>	
At 31 August 2022	<u>1,050</u>
At 31 August 2021	<u>0</u>

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## BE ME PROJECT

### Notes to the Financial Statements For the year ended 31 July 2022

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#### Debtors

	2022 £	2021 £
Gift Aid Tax receivable	7,097	913
Accrued income	-	-
	<u>7,097</u>	<u>913</u>

#### Creditors - Amounts Falling Due Within One Year

	2022 £	2021 £
Accruals	1,155	470
Other creditors	625	276
	<u>1,780</u>	<u>746</u>

#### Restricted Funds

	At 1 August 2021 £	Income £	Expenditure £	Transfers £	At 31 July 2022 £
Course Costs	47,537	64,154	(53,833)	-	57,858
Core Costs	734	15,556	(16,290)	-	0
Income development	-	25,000	-	-	25,000
Management salaries	5,821	28,790	(22,751)	-	11,860
Fundraising	3,600	3,000	(2,950)	-	3,650
Hub/Administration	-	6,288	(5,265)	-	1,023
	<u>57,692</u>	<u>142,788</u>	<u>(101,089)</u>	<u>0</u>	<u>99,391</u>

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## **BE ME PROJECT**

### **Notes to the Financial Statements For the year ended 31 July 2022**

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Descriptions of the restricted funds are as follows:

Course Costs – funds raised for Surrey, Cumbria, Kent and Brighton to run courses

Core Costs - funds raised for central coordination and administration

Income development - funds raised for consultancy hours for an Income Development Manager

Management salaries - funds raised for salaries for CEO and COO

Fundraising - funds raised to assist with the raising of funds

Hub/Administration - funds raised for administration and marketing material development hours

#### **Related Party Transactions**

Richard Mason, a trustee until 31 July 2022, is the spouse of Lucy Mason, the founder and CEO of the Charity. During 2022 Lucy Mason received gross remuneration of £11,505 (2021: £9,625) and pension contributions of £301 (2021: £249).

The aggregate unrestricted donations made by Trustees to the Charity were £6,300 (2021: £4,050).